

<p><b>Code 01</b> 9:30-11:30 <i>Saqra</i> <b>How to Improvise ~ For Real</b> Improvisation techniques, tips and tricks for ALL parts and styles of your dance. Using improv to keep your dance growing and changing. £16/18 for all</p>	<p><b>Code 02</b> 9:30-11:30 <i>Katie Holland</i> <b>Bharatnatyam</b> For dancers who would like to experience and go deeper into Indian classical dance. Feet and hand combination techniques and mudras that you will be able to take into your own amazing fusion dances. £16/18 for all</p>	<p><b>Code 03</b> 9:30-11:30 <i>Anna Kemper</i> <b>Suhaila Salimpour Format</b> Come see what the fuss is all about! Suhaila Format is a revolutionary technique that can take your dancing to the next level. <i>(Please bring own finger cymbals)</i> £16/18 for all</p>	<p><b>Code 04</b> 9:30-11:30 <i>Raheesha</i> <b>Keti Sharif A-Z Advanced Combos</b> Putting together a dance is easy as ABC with Keti Sharif Advanced Combos. Learn up to 26 new dance combinations with Raheesha. £16/18 level 2/3</p>	<p><b>Code 05</b> 9:30-11:30 <i>Sahar Samara</i> <b>Mejance</b> Your first chance to study with one of hottest rising star in Cairo with the big opening dance. Learn Sahar unique style with up to the minute technique. <i>(May include veil work, please bring your own.)</i> £30/34 level 2/3</p>
<p><b>Code 06</b> 11:45-12:45 <i>Asif Qu</i> <b>Unusual Rhythms</b> Learn how to play rhythms that aren't normally heard or used and put a real groove into your drumming. £8/9 drumming for all</p>	<p><b>Code 07</b> 11:45-1:45 <i>Tevec Ibrahim</i> <b>Intro to Turkish Bellydance</b> Turkish technique with classic arm patterns, turns, floor work and hips right through to modern Istanbul drum solo combinations and shimmies. <i>(Please bring kneepads for floor work and - optionally - high heeled shoes for an extra challenge.)</i> £16/18 for all</p>	<p><b>Code 08</b> 11:45-1:45 <i>Tracey Gibbs</i> <b>Why We Need to Know</b> Without the foundation of folklore there would be no oriental. This session will capture the spirit of folkloric styles and steps such as Saida and Hagallah and show how you can infuse this into your oriental dance. Inspired by Randa's words "until you master the folklore you cannot call yourself an oriental dancer." £16/18 for all</p>	<p><b>Code 09</b> 11:45-12:45 <i>Cinzia Di Cioccio</i> <b>Vintage and Retro-Chic</b> Introduction to this stylization of classic tribal. Steps and combos using the inspiration of the past. £8/9 level 2</p>	<p><b>Code 10</b> 11:45-1:45 <i>Serena Ramzy</i> <b>Drum Solo</b> Serena's drum solos are a journey crossing continents and cultures; infusing the rhythms and movements inspired from Africa to America, through Asia to the Southern Seas, but always returning to the heart and soul of Egypt. £16/18 level 2/3</p>
<p><b>Code 11</b> 12:50-1:50 <i>Raheesha</i> <b>Tahitian Otea</b> Easy and fun Tahitian drum dance for a solo or group performance. <i>(Please bring your own sarong or veil.)</i> £8/9 for all</p>	<p><b>Code 12</b> 12:50-1:50 <i>Cinzia Di Cioccio</i> <b>Slow and Hypnotic</b> Sensual moves and combos – feminine and graceful with challenging control and isolation. £8/9 level 2</p>	<p><b>Code 13</b> 2:00-4:00 <i>Saqra</i> <b>Shimmy Pocket Dictionary</b> 50+ different types of shimmies... and what to do with them! Builds, layering, ideas and when it fits the music and when it doesn't! If there aren't new ideas in here for you I will eat my coin belt! £16/18 for all</p>	<p><b>Code 14</b> 2:00-4:00 <i>Anna Kemper</i> <b>Jamila Salimpour Format</b> The matriarch of American Belly Dance! Learn some of the fundamentals that make Jamila Format a timeless technique for all bellydancers. <i>(Includes optional finger cymbal work, please bring your own.)</i> £16/18 for all</p>	<p><b>Code 15</b> 2:00-4:00 <i>Nawarra</i> <b>Bedouin</b> As a people, are a semi-nomadic group, descended from nomads. Their name means "desert dwellers" in Arabic. Their dance is a form of earthy grounded style with lots of hip moves, circles and shimmies £16/18 for all</p>
<p><b>Code 16</b> 2:00-4:00 <i>Katie Holland</i> <b>Bollywood</b> Learn a fun masti (meaning naughty) dance, with all the latest grooves and moves from Bollywood! We will look at the lyrics and how to tell the story of the song through your dance and expressions. £16/18 for all</p>	<p><b>Code 17</b> 2:00-4:00 <i>Sahar Samara</i> <b>Sha'abi</b> An un-missable opportunity to learn some of the most up to date modern moves for this popular music. Full of fun and cheekiness with the power to thrill. A must for fans of this popular style! £30/34 level 2/3</p>	<p><b>Code 18</b> 4:15-5:45 <i>Sandra Thomson</i> <b>Shimmy into the 20's</b> Recreating the days of the Charleston but with an upbeat Belly dance twist! Learn the swivels, slides, plank and more and put them together with a modern 20's styling. <i>(Please bring own string of pearls.)</i> 1½ hour workshop £12/14 for all</p>	<p><b>Code 19</b> 4:15-5:45 <i>Siobhan Waring</i> <b>Let's Face the Music and Dance</b> Give your confidence a boost and learn to dance to anything, anywhere, with joy and without worrying.  1½ hour workshop £12/14 for all</p>	<p><b>Code 20</b> 4:15-6:15 <i>Caroline</i> <b>Mongolian Dance</b> Learn Mongolian pride through expressive hand gestures and powerful shoulders. Dancing has always played a role in Mongolia; you are about to discover why. <i>(Please wear trousers for this workshop.)</i> £16/18 for all</p>
<p><b>Code 21</b> 4:15-6:15 <i>Serena Ramzy</i> <b>Classical</b> Oriental dance has transformed over time, absorbing traditional and contemporary, regional and foreign, new and old. A choreography that embodies this perspective with an understanding of musical layers that directs a dancer into the music. £16/18 level 2</p>	<p><b>Code 22</b> 4:15-6:15 <i>Tevec Ibrahim</i> <b>Turkish Styling and Combinations</b> Explore elements of a typical Turkish show ~ veil entrance, taksim, floor work, drum solo and finale ~ a soft yet powerful style. <i>(Please bring own large veil, kneepads and, if you want an optional extra challenge, high heeled shoes.)</i> £16/18 level 2/3</p>			

**NOTE** – all workshops are intended for adults, if booking for a child under 16 please contact us first.

### Souk Opening – Main Hall

**Saturday** – 9:30 to 17:00(ish) open to all – no charge for entry (souk is also open during show for those attending)

### Cafe Opening – Main Hall

**Saturday** – from 9:00 and continues during early evening in the Evans room.

### Show/Disco £17 – Saturday from 19:30 to 23:30 (pre booking essential)

- Performances from many of the teachers in the main hall,
- A further chance to shop
- Chill out quiet area
- Café open for snack and soft/hot drinks in early evening
- Separate disco room with the lights turned low and the music loud.

**Note** large bags are not allowed in main hall during the show - a free left luggage facility will be provided on Saturday evening

<p>Code 23 10:00-12:00 Tevec Ibrahim <b>Turkish Pop</b> A fun and modern choreography to a popular Turkish pop song, easily adaptable for parties. Capture the essence and joy of the Turkish style. <i>(For optional extra challenge bring high heeled shoes.)</i></p> <p>£16/18 for all</p>	<p>Code 24 10:00-12:00 Raheesha <b>Kahiko Hawaiian Hula</b> Learn some basic Hawaiian hula moves that will then be put to use in an ancient kahiko drum and chant dance. <i>(Please bring your own sarong or veil.)</i></p> <p>£16/18 for all</p>	<p>Code 25 10:00-12:00 Cinzia Di Cioccio <b>Tribal Live Drum Solo</b> A look at how rhythms should flow from the hands of the drummer to the body of the dancer in a continuous dialogue flowing from snappy and sharp to slow and snaky.</p> <p>£16/18 level 2</p>	<p>Code 26 10:00-12:00 Nawarra <b>Fifi Abdou Baladi Style</b> Learn to blend baladi with 'maalima' or 'boss woman' personality, to create her own unforgettable style. Learn Fifi signature steps and have fun injecting some Fifi attitude into your own dancing.</p> <p>£16/18 level 2/3</p>	<p>Code 27 10:00-12:00 Sahar Samara <b>Saidi</b> A must for more experienced dancers who love this lively style and want to develop their skills. Mesmerising drama to increase your repertoire with this earthy style from upper Egypt. <i>(Please bring your own stick.)</i></p> <p>£30/34 level 3</p>
<p>Code 28 12:15-1:15 Saqar <b>Costuming for Your Shape</b> Don't waste money on unflattering costumes. Get the effects you want and avoid the ones you don't.</p> <p>£8/9 talk</p>	<p>Code 29 12:15-2:15 Anne Kingston <b>Body Groove</b> A new fun dance-based fitness class where you get to explore your creativity and have fun. It will help your free up your dance performance and find your inner dancer.</p> <p>£16/18 for all</p>	<p>Code 30 12:15-1:15 Chris Ogden <b>NorthWind Moves</b> A selection of unique moves and combos suitable for Tribal, Fusion or Oriental dancers.</p> <p>£8/9 for all</p>	<p>Code 31 12:15-2:15 Anna Kemper <b>Folkloric Fusion</b> An upbeat and fun filled class combining Jamila and Suhaila technique with jazzy foot combinations, graceful arms and finger cymbal patterns for the brave. Combining and contrasting old and new moves - putting drills into action in a fantastic fusion. <i>(Includes optional finger cymbal work, please bring your own.)</i></p> <p>£16/18 level 2</p>	<p>Code 32 12:15-2:15 Tracey Gibbs <b>Taqism Central</b> This is a gentle introduction into the art of taqism which plays an important part in classic and modern pieces. A look at musicality and practical ideas for working with this flirtatious and feminine aspect of the dance.</p> <p>£16/18 level 2/3</p>
<p>Code 33 1:20-2:20 Raheesha <b>Beautiful Hands and Arms</b> Exercises to improve flexibility and tips on gestures and mesmerising moves to enhance your dance.</p> <p>£8/9 for all</p>	<p>Code 34 1:20-2:20 Chris Ogden <b>Nautilus</b> A fresh choreography with a strong SteamPunk vibe suitable for group or solo, tribal or fusion dancers.</p> <p>£8/9 level 2</p>	<p>Code 35 2:30-4:30 Katie Holland <b>Blessing Dance</b> Beautiful Balinese, Bharatnatyam and Nepalese dance styles woven to create a dance of blessings. Techniques from each style will be taught as well as how to tell stories through mudra (hand gestures and facial expression).</p> <p>£16/18 for all</p>	<p>Code 36 2:30-4:30 Roxanne Grant <b>Cheeky Egyptian Baladi with Melaya</b> Melaya Leff is all about character, attitude and comedy! Let's unleash your strong baladi woman and have some fun. <i>(Please bring own Melaya Lef or large veil.)</i></p> <p>£16/18 for all</p>	<p>Code 37 2:30-4:30 Serana Ramzy <b>Flamenco Arabe</b> A fun and exciting fusion of belly dance, flamenco and Latin moves to a beautiful music piece that fuses the same elements. The softness of belly dance, the passion of flamenco and the swing of Latin all in one.</p> <p>£16/18 for all</p>
<p>Code 38 2:30-4:30 Saqra <b>Three Completely Different Styles of Veil!</b> Turkish/American Cabaret, Egyptian and Modern Veil Techniques. Change how you think of your veil and other soft style props! <i>(Please bring your own veil.)</i></p> <p>£16/18 level 2</p>	<p>Code 39 2:30-4:30 Sahar Samara <b>Tarab Oum Kolthom</b> The last chance to study the pure Egyptian style with one of Egypt's hottest rising stars. A workshop using complex and beautiful classic music aimed at intermediate and advanced students.</p> <p>£30/34 level 2/3</p>			

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### Left Luggage

A free left luggage facility will be provided on Sunday all day.

### Hall not open before 9:00am on Sunday

### Souk Opening – Main Hall

Sunday – 9:30 to 15:00(ish) open to all – no charge for entry

### Cafe Opening – Main Hall

Sunday – 9:15 to 17:00 – hot food may not be available after lunch, unless ordered.

**RATINGS** – These can only be a rough guide. Not every workshop is suitable for everyone. Be sure you are of a suitable level before you book a high level workshop. Most workshops are designed to be of moderate energy level, any difference is shown in the notes. *Talks do not involve dance.*

### Level - dance experience needed

3 = intermediate/ advanced

2/3 = improver/ intermediate (improvers may find aspects of this workshop challenging)

2 = improver – sound knowledge of basics needed

For all = a new topic or a new twist on an old theme. *Workshops are aimed to give something to all levels of experience*

**Booking Notes** - details of any props needed will be sent with your confirmation.

For more information go to [www.jewelofyorkshire.co.uk](http://www.jewelofyorkshire.co.uk) or email Chris at [admin@jewelofyorkshire.co.uk](mailto:admin@jewelofyorkshire.co.uk) or write to JoY, 21 Malsis Road, KEIGHLEY, West Yorkshire BD21 1EY or ring Mandy on 01274 620859 ~ please note bookings cannot be made by phone.

**For Friday Student Showcase details see booking form**